

2001 California Dietary Practices Survey

Table 57: Frequency of Using Butter, Margarine, or Mayonnaise

Question: How often do you use butter, margarine, or mayonnaise on your bread or tortillas?

| | Percent Used | | |
|------------------------------|--------------|-----------|-------------------|
| | Always | Sometimes | Rarely / Never |
| Total | 30 | 37 | 33 |
| Sex | | | |
| Males | 30 | 36 | 34 |
| Females | 30 | 38 | 33 |
| Males | | | |
| 18 - 24 | 17 | 46 | 37 |
| 25 - 34 | 27 | 35 | 38 |
| 35 - 50 | 28 | 37 | 36 |
| 51 - 64 | 43 | 34 | 23 |
| 65+ | 43 | 27 | 29 |
| Females | | | |
| 18 - 24 | 21 | 46 | 33 |
| 25 - 34 | 25 | 44 | 31 |
| 35 - 50 | 33 | 35 | 32 |
| 51 - 64 | 28 | 33 | 39 |
| 65+ | 36 | 31 | 33 |
| Ethnicity | | | |
| White | 33 | 36 | 31 |
| Hispanic | 20 | 40 | 40 |
| Black | 32 | 32 | 36 |
| Asian/ Pacific Islander | 25 | 48 | 27 |
| Education | | | |
| Less than high school | 27 | 32 | 41 |
| High school graduate | 33 | 38 | 29 |
| Some college | 31 | 39 | 30 |
| College graduate | 28 | 36 | 36 |
| Income | | | |
| Less than \$15,000 | 29 | 37 | 34 |
| \$15,000 - 24,999 | 30 | 38 | 33 |
| \$25,000 - 34,999 | 31 | 35 | 35 |
| \$35,000 - 49,999 | 30 | 42 | 28 |
| \$50,000+ | 34 | 35 | 31 |
| Physically Active | | | |
| Did not meet recommendations | 34 | 37 | 30 |
| Met recommendations | 25 | 37 | 38 |
| Overweight Status | | | |
| Overweight/Obese | 32 | 37 | 31 |
| Not overweight | 29 | 36 | 35 |

A box around a group of number signifies that differences observed within this group are statistically significant.

Chi square test:

* p<.05

** p<.01

*** p<.001